

NOW!
National Obesity Week

2nd-8th November 2009

DC LEISURE

Developing Community Leisure



active & healthy workplace

BY 2050 ALMOST 60% OF THE UK POPULATION COULD BE OBESE



DON'T BECOME A STATISTIC!

TAKE A STEP IN THE RIGHT DIRECTION....

**ACTIVE YOUR FREE 7 DAY PASS
TO YOUR LOCAL CENTRE.**



TO REGISTER FOR YOUR FREE PASS CONTACT YOUR NEAREST CENTRE

WITHDEAN SPORTS COMPLEX 01273 553915

PRINCE REGENT SWIMMING COMPLEX 01273 685694

MOULSECOOMB COMMUNITY LEISURE CENTRE 01273 622266

STANLEY DEASON LEISURE CENTRE 01273 694281

PASSES ARE ONLY VALID FOR ADULTS (16 AND OVER). PASS MUST BE ACTIVATED BY THE 8TH NOVEMBER

About half of all adults have an inaccurate picture of their own weight. **Do you really know** if yours is 'about right?' Don't risk your health for the sake of vanity. Get a real measure of your BMI.

National Obesity Forum · www.nof.uk.com · Registered Charity No. 1109600

